



SC INFANT MENTAL HEALTH ASSOCIATION

## The Entry Point For Early Care And Education Support

*Early Care & Education  
Professionals*

### When to Contact Us:

- You have a question or concern about a child's development or behavior
- Free developmental screening to discover a child's strengths and areas they may need extra support
- Connection to services for children and families
- Considering when to expel a child

### What Else We Provide:

- Information and support from a compassionate child development specialist, at no cost to families
- Developmental and behavioral health screenings
- Connection to community resources and services
- Follow-up to ensure connection with services and needs were met
- Alliance with child's healthcare provider, allowing a collaborative support of the child

### What is a Developmental Screening?

- A screening is a quick check-up of a child's development. It provides a look at a child's current skills and helps the caregiver learn more about developmental milestones. In addition to highlighting a child's strengths, it can identify potential concerns.
- Share Help Me Grow SC's free screening with caregivers so they can learn about their child's development! A child development specialist will follow up with results.  
<https://helpmegrowsc.org/take-the-asq/>

To learn more and  
access services,  
call us toll-free at  
(855) 476-9211  
or visit  
[helpmegrowsc.org](http://helpmegrowsc.org)



## A Better Future Starts with Help Me Grow





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### Early Care and Education Leaders contact us to be linked to resources that:

- Foster the healthy social-emotional development of the children in your care
- Help your team navigate challenging behaviors
- Improve classroom management
- Ensure implementation of early learning best practices
- Increase staff wellness and job satisfaction
- Promote family engaged developmental monitoring and screening
- Support the inclusion of children with disabilities and significant healthcare needs
- Reduce preschool suspension and expulsion
- Nurture early relationships through infant and early childhood mental health therapy and parenting groups

**These programs are comprised of infant and early childhood mental health consultants and clinicians, child development experts, early care and education coaches, wellness coaches and trainers with a shared goal to improve the quality of the early care and education experience for directors, teachers, children and families.**

