

What is Infant and Early Childhood Mental Health?

Put simply, it's healthy social and emotional development. Babies' first five years are filled with tremendous, rapid development. Their early experiences not only affect how their bodies and brains develop, but also drive their well-being and lifelong outcomes. Strong infant mental health even influences how they will ultimately parent their own children.

scimha.org

Building healthier first relationships.

WORKING WITH CHILD CARE PROVIDERS AND CAREGIVERS TO SUPPORT CHILD DEVELOPMENT.



PEAR Network

SC INFANT MENTAL HEALTH ASSOCIATION

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By getting all members of the child's village on the same page, PEAR enabled our center to help a child on the brink of expulsion stay in school. The child's behavior changed drastically, from disrupting class to following directions and eager to please. It's a blessing to see how much getting the right support can help a child thrive.”

Michelle Class

MY AMIGOS BILINGUAL EDUCATION CENTER



PEAR Network

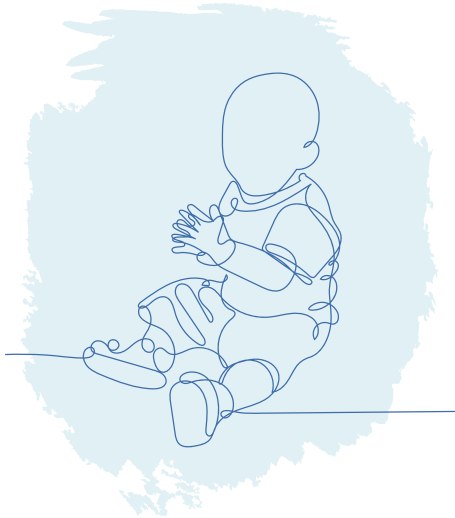
SC INFANT MENTAL HEALTH ASSOCIATION

(833) 472-4642



Problem solving when you need it.

Caring for infants and young children every day can be as challenging as it is rewarding. The adults who do it have a firsthand look at kids' development and how their emotions impact their behavior and ability to thrive. Yet knowing how to help them navigate social, emotional or behavioral difficulties is not always clear.



What we do.

PEAR Network (Partners for Early Attuned Relationships) is a prevention-based program pairing a highly specialized infant mental health consultant with caregivers and adults who work with children ages 0 to 5 to support them as they learn to form secure relationships, manage emotions and explore their environment. Our consultants work hand in hand with early child care providers, teachers, family members, caregivers, social workers and others to:

- Promote awareness of social and emotional development.
- Prevent mental health crises.
- Manage challenging child behaviors.

Through this free service, consultants work with child care providers and caregivers to address specific behavioral concerns related to a child. By working through these issues at the earliest possible moment, adults can more effectively support child development.



Is there a child you work with who:

- Interferes with your ability to teach or work effectively?
- Displays behaviors that interfere with individual or group learning?
- Other adults complain about?
- You find yourself hoping to avoid today?

Has your child:

- Been sent home from child care due to behaviors?
- Had excessive difficulty separating from you?
- Displayed behaviors or emotions you find confusing at home?

Contact us today.

Referrals to PEAR Network are simple. Any early child care professional or caregiver can call us at (833) 472-4642 or apply online at scimha.org. For individual child cases, guardians must consent to services prior to a consultant's involvement. We offer in-person and virtual appointments.



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